



Dr. Sarah Merritt



Dr. Merritt is a triple-board certified physician with ABMS qualifications in anesthesiology, pain medicine, as well as addiction medicine.

She is proud to call Baltimore City her home, but she grew up in Huntsville, Alabama. She attended Birmingham-Southern College, and medical school at the University of Alabama in Birmingham. After residency in anesthesiology at the University of North Carolina in Chapel Hill, she pursued additional fellowship training in pain management at the Johns Hopkins Medical Institute. She is well versed in the full spectrum of interventional and medical pain management techniques. Her practice includes not only needle-based procedures such as epidurals, radiofrequency, and ultrasound-guided injections, but also medical management of acute and chronic pain. She also has a portion of her practice dedicated to treating opioid use disorder.

Currently, Dr. Merritt is active as a volunteer in the medical community in addition to her medical practice. She was appointed by the Maryland Department of Health and Mental Hygiene as a member of the Technical Access Committee (TAC) for the Maryland State Prescription Drug Monitoring Program (PDMP). This group analyzes data collected by the PDMP, and reviews certain requests for PDMP data. She is also the Co-Chairperson of the Legislative Council for MedChi, the Maryland state medical society and a member of the MedChi Board of Trustees. She is a member of MACS - the Maryland Addiction Consultation Service, a grant-funded effort through the University of Maryland, which is currently developing initiatives and educational content for Maryland physicians.

In her spare time she enjoys spending time with her family, bicycling, running, and yoga.